

INSTRUCTIONS FOR IUI (INTRAUTERINE INSEMINATION)

1. Your partner needs to have some blood work done before your first insemination cycle. It is a federal requirement that he be tested for HIV, Hepatitis B and C and syphilis before we can perform an insemination.
2. Please call the office when you have an LH surge. We will schedule the insemination that day or the next day. Both are equally effective. Your partner needs to be available to give a semen specimen. He needs a sterile container to collect the specimen in so make sure you pick one up in advance.

If your surge is on a weekend or holiday, remember that the insemination can be done the following day. You will need to call the office to page the doctor on call to do the insemination that day only if the office is also closed the following day. Please call at 9:30 the following day, so an appointment time can be set up.

3. Collect the semen in a sterile container 30-60 minutes before the scheduled appointment. It is important that it not be longer than 60 minutes. Please keep the specimen warm by keeping it close to your body. Avoid extremes of temperatures.
4. Cost of the sperm washing and IUI is _____. There is an additional weekend/after hours charge.
5. Insurances vary as to the coverage of infertility work up and care. Also after hours charges may not be covered. Please check with your insurance ahead of time.



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